

# Reflections



## Reflection One

the way of life through love and happiness

dream hands  
dream body  
dream voice

light  
makes the stars  
light  
messenger of life

human awareness  
light perceiving light

matter  
between light  
mirror of a dream  
in a dream

dreaming mind  
dreaming asleep  
dreaming awake

awake to the earth  
an outside dream  
time makes lines for  
frame and foundation

asleep to the earth  
an inside dream  
time becomes fluid  
a changing floor  
broad as a universe

dreaming mind in  
the human dream  
the outside dream  
shapes of language  
understanding forms

thousand times a day  
understanding forms  
everywhere all around  
where does this originate?

already perfect  
why this need to  
search for truth?  
search for beauty?

dreaming eyes  
cannot see themselves  
cannot see behind themselves

eyes wide open  
into this blindness  
the human dream  
looks and looks

dreaming voice  
saying the word

moving inward  
word finds understanding  
moving outward  
word finds expression

expression moving inward  
finds understanding  
understanding moving outward  
finds expression

a never ending  
dream chain  
alive in every mind

sometimes intersecting  
sometimes overlapping  
but really mostly unique  
made of the dreamer's dream

big things become little  
little things become big  
but all these things  
are just as they are

where dreams intersect  
is a kind of awareness  
where dreams overlap  
is a kind of community

where dreams disagree  
is as different eyes see

in the outside dream  
perception happens  
in this perception  
expression moves

perception of this expression  
shows that it comes  
from everywhere outward  
including from oneself  
how infinite the outward  
how infinite the self

the dreaming mind  
sees with the eyes  
and dreams awake

this same dreaming mind  
sees with inner eyes  
and dreams inwardly

in the inside dream  
perception happens

this perception comes  
from everywhere inward  
including oneself  
how infinite the inward  
how infinite the self

seeking truth  
in an outward view  
also gives rise  
to seeing  
what is not true

seeking truth  
in an inward view  
also gives rise  
to seeing  
what is not true

this is where  
seeing yes and no  
becomes  
saying yes and no  
and  
saying yes and no  
becomes  
the action of yes and no

the dream  
a divine dream  
some chaos  
some order  
some understanding

love  
simple love  
yes or no  
it's there  
or it's not

asking voice  
for yes or no  
answer voice  
in yes or no

what i want  
what you want  
magic words

each moment  
one moment  
no more  
no less

each hour  
one hour  
no more  
no less

each day  
one day  
no more  
no less

when doing  
look at what's done  
keep doing

born happy  
born loving  
live happy  
live loving  
alive

walking  
is learning  
so many steps

standing up  
being human  
with mind  
with heart  
divine

each action  
honorable  
each thought  
communion

beauty  
being alive  
transforming  
that dreaming  
to this dreaming

the work  
it's own reward  
falling from the path  
it's own correction  
it's own compass

paying close attention  
with strength  
with intelligence  
standing up  
keep going

fall in the morning  
get up  
walk in the evening

fall in the evening  
get up  
walk in the morning

dreaming begins forever  
forever begins now



## Reflection Two

freedom  
normal human tendency  
enjoy the moment  
play  
explore  
love

wildness  
without worry  
for the past  
without fear  
for the future

really simple  
simply real  
an awareness  
a dreaming  
masterpiece of life

becoming wise  
becoming wild  
becoming free

human mind  
in awareness  
transforming  
material energy  
into  
emotional energy  
into  
dream energy

eyes and ears  
see and hear  
dreaming mind  
perceiving  
understanding  
transforms it's dream  
all day long  
all night long

maybe a small transformation  
here and there  
maybe a few more  
bit by bit  
awareness of transformation  
creates further transformation

dreaming is energy  
directing energy  
dream into dream  
the hand of transformation  
grows strong  
grows sensitive  
grows knowing

energy of the day  
for doing  
for changing  
for giving

the mind  
knows pleasure  
in being itself  
in expressing  
the moment fully

at any moment  
whatever happens  
this moment  
is where life is

seeing  
this love  
breathing  
this love

what is it  
that carries away  
the past?

what is it  
that continues  
each moment?

new understandings  
new dreams  
new perceptions  
new expressions

sun  
sending love  
sky  
sending love

walk in the world  
heart open  
graceful  
blissful  
dreaming

even without  
any reason  
love